Osteopathy in Sport

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Malta

Registered Osteopath
Harold Osborn D.O.

- Olympic 1924 Gold Medalist and Osteopathic Physician

  – Attributed his Olympic success to osteopathy

39th World Medical and Health Games
Osteopathy in Sport Today

• The need for ‘Hands On’ in Sport Injury Management?

“Manipulation, a component of osteopathic medicine, is often a subject of debate, especially in today's age of evidence-based medicine.”

39th World Medical and Health Games
THE SUMMER GAMES

Road to Rio: DOs help Olympic athletes go for the gold

Three DOs headed to the Olympic and Paralympic Games for the first time discuss what’s involved in caring for elite athletes.
39th World Medical and Health Games
BRITISH ATHLETICS OSTEOSPATH

Organisation: UK Athletics (UKA)
Location: National Performance Institute, Loughborough University Campus and Lee Valley, London UK
Hours of Work: Fixed Term depending on funding
Salary & Benefits: Salary dependent on experience
Closing Date: 02 January

JOB DESCRIPTION

UK Athletics (UKA), the National governing body for the premier Olympic and Paralympic sport of athletics has a vacancy for an Osteopath to support the successful implementation of the World Class Plan. The job is:

* To assist in providing a world class track and field physical therapy service at The Institute Loughborough, while creating a link with other centres with the ability to travel.

* To work with key athletes and coaches on a daily basis whilst working within the current therapy structure.

* To be a key member of the multidisciplinary team and help to deliver on the British Athletics Medical and Therapy strategy. The candidate will have:

* Ideally have experience working in track and field at a national to international level.

* A minimum 5 years experience post graduate

* Very high level of manual therapy skills

* A qualification in osteopathy from a tertiary institution is essential

For further information contained in the job description and how to apply for this exciting post, please visit our website www.britishathletics.org.uk in the ‘Employment’ section under ‘Governance’. Closing date for applications is mid-night on 2nd January 2017.

UKA is an equal opportunities employer and positively encourages applications from suitably qualified and eligible candidates regardless of sex, ethnicity, disability, age, sexual orientation, gender identity, religion or belief.
“Osteopathic manipulative treatment (OMT) is the top request from Olympic gymnasts as well as rugby and badminton players. This hands-on therapeutic modality is used to treat musculoskeletal complaints.”

Source: American Osteopathic Association
Aug 12, 2016,
Challenges and Opportunities

Evaluating the clinical reasoning process:


“The findings indicate that osteopaths have distinct therapeutic approaches to practice which influence the level of patient involvement in the clinical reasoning process.”
The European Standard on Osteopathic Healthcare Provision (EN 16686)

- Developed by CEN’s Project Committee on 'Services for Osteopaths' (CEN/TC 414),
- EN 16686 specifies requirements and recommendations regarding the healthcare provision, facilities and equipment, education, and ethical framework for the practice of osteopathy.
- When correctly applied, the new European Standard will help osteopaths to ensure that they provide a safe environment for patients and high quality treatment.
- The standard was made available by CEN in July 2015, and has since been published by CEN’s national members in 33 European countries.
How was the Standard developed?
EN16686 was developed by CEN’s Project Committee on ‘Services for Osteopaths’ (CEN/TC 414). Set up in late 2011 and bringing together healthcare professionals from across Europe, the Standard was initiated and led by the European Federation of Osteopaths and the Forum for Osteopathic Regulation in Europe. The Secretariat of the Project Committee was provided by CEN’s member in Austria (Austrian Standards). The Standard was formally approved in July 2015, and was published at a national level by CEN members in 33 European countries at the end of 2015.

Further information
If you have any questions about the European Standard on Osteopathic Healthcare Provision (EN16686), visit www.efo.eu or www.forewards.eu

Copies of the European Standard are available from the national standardisation bodies which make up CEN’s membership.

The European Standard (EN16686) does not supersede national legislation in European countries where osteopathy is already regulated (as of May 2018 this includes Finland, France, Iceland, Malta, Portugal, Switzerland and the UK).
Discussion points:

- Therapeutic intervention only or also prevention?
- Lack of Evidence base?
- Palpatory skills - are they lacking in other professions?
- Is application of techniques sufficient or does intervention involve a complete thought process?
- American DOs vs European Osteopaths