8 SPORTS PROGRAMME

SPORTS	ACC.	SUNDAY	MONDAY	TUEDSAY	WEDNESDAY	THURSDAY	FRIDAY
ATHLETICS			Afternoon	Afternoon		Afternoon	Afternoon
			Long jump	100 m (heats and final)		High Jumps M (cat.A,B,C,D)	Discus throw
	②		Shot put	Javelin M and W (cat.A,B,C)		Javelin M and W (cat.D,E,F)	800 m
			400 m	High Jumps M (cat.E,F) and W		200 m (heats and final)	4 x 100 m relay
			5000 m	1500 m		3000 m	Hammer throw
HALF-MARATHON	0						Morning Half-marathon
CROSS-COUNTRY	Ø				Afternoon Cross-Country		
BADMINTON	Ø		Morning	Morning		Morning	
BASKETBALL**	Ø		Morning	Morning			
BEACH-VOLLEY	Ø					Afternoon	Afternoon
CYCLING	0		Morning Time trial	Morning 1 st stage		Morning 2 nd stage	Morning 3 rd stage
CHESS	Ø		Afternoon	Afternoon		Afternoon	
POWER LIFTING	Ø		Morning				
GOLF*	Ø	Training	18 holes - Day	18 holes - Day	18 holes - Day		
JUD0	8			Morning			
SWIMMING	•		Morning 100 m backstroke 100 m freestyle	Morning 400 m freestyle 100 m butterfly***		Morning 100 m breast 50 m freestyle	Morning 200 m freestyle 4 x 100 m relay 4 x 50m 4 strokes
OPEN WATER SWIMMING 2km / 4km	Ø					Afternoon	
BOCCI	0				Afternoon		
SQUASH	Ø					Morning	Morning
TENNIS	②	Day Charts	Day Singles	Day Singles	Day Singles/Doubles	Day Singles/Doubles	Day Singles/Doubles
TABLE TENNIS	Ø		Afternoon Training	Afternoon Singles		Afternoon Singles	Day Singles/Doubles
SHOOTING*	②		Morning Rifle 50 m	Morning Air Rifle 10 m		Morning Air Pistol 10 m	
TRIATHLON	Ø				Morning		
VOLLEYBALL	Ø		Morning	Morning			
MOUNTAIN BIKING	②				Afternoon		
FOOTBALL	8	Day	Day	Day	Day	Day	Day
11		Qualifications	Qualifications	Qualifications	Final phase	Final phase	Final
7		Qualifications	Qualifications	Qualifications	Final phase	Final phase	Final

^{*} Federal license needed

Events taking place in the morning

Schedules communicated for information only, minor changes may take place until the opening of the Games.

Events taking place in the afternoon

AGE CATEGORIES

A - under 35

B - 35 to 44

C - 45 to 54

D - 55 to 64

E - 65 to 69

F - 70 years +

AWARDS

In each age group, the top 3 participants will receive gold, silver and bronze medals. For all team sports, in addition to medals, a cup will be awarded to the winners. In order to uphold the spirit of the Games, partners of athletes shall not be classified in the same way as conventional athletes.

Acc.: open to accompanying persons

Events taking place all day long

TRANSPORT

Shuttle buses between hotels and sports venues will be available.

^{**} Subject to having at least 3 teams registered

^{*** 50} m for cat. E and F